Attorney's Docket N 06275-150003 / D 1841-3P US

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Serial No.: 10/010,283

: November 13, 2001

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12. A method according to claim 9, wherein the first active ingredient is formoterol fumarate dihydrate.

- 13. A method according to claim 9, wherein the molar ratio of the first active ingredient to the second active ingredient is from 1:555 to 2:1.
  - 14. A method according to claim 13 wherein the molar ratio is from 1:70 to 1:4.
- 15. A method according to claim 9 further comprising providing the doses to the patient in the form of a dry powder.
- 16. A method according to claim 15 wherein the first and second active ingredients are formulated as powder particles having a mass median diameter of less than 10 μm.
- 17. A method according to claim 9 wherein the first and second active ingredients are provided in the form of an admixture.
- 18. A method according to claim 9 wherein the doses are administered separately, less than about 2 hours apart.
- 19. A method according to claim 18 wherein the doses are administered separately, less than about 30 minutes apart.
- 20. A method according to claim 19 wherein one dose is administered immediately after the other.
- 21. A method according to claim 9 wherein the amount of the dose of the first active ingredient is from about 2 to 120 nmol.